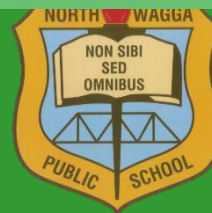


Term 1, Week 8,
2018



PUBLIC SCHOOL



Building a Culture of Excellence

☎: 6921 3533 ✉: 54 Hampden Ave, North Wagga Wagga

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Shooting for
the Stars!



<input type="checkbox"/>	Wednesday	21 st March	School Athletics Carnival
<input type="checkbox"/>	Wednesday	28 th March	Easter Hat Parade 12.00pm (K-2 Students)
<input type="checkbox"/>	Thursday	29 th March	Years 3-6 Assembly, 2.30pm
<input type="checkbox"/>	Thursday	29 th March	Mufti Day – “Going Green for FOGO”
<input type="checkbox"/>	Friday	30 th March	Good Friday
<input type="checkbox"/>	Monday	2 nd April	Easter Monday
<input type="checkbox"/>	Thursday	12 th April	School ANZAC Service 10.45am
<input type="checkbox"/>	Friday	13 th April	School Cross Country
<input type="checkbox"/>	Thursday	10 th May	Mother’s Day Stall

PRINCIPAL'S REPORT

There's always an air of excitement around the school in the few days leading up to sporting carnivals. Mr Motton has worked hard around the organisation for tomorrow, and we have great weather on order to ensure it's a wonderful day. We are aiming to have our students ready to start events at 9.50am. If you decide to take your child early from the carnival, please ensure you visit Mrs Frogley and Mrs McIntosh at the recording table to sign them out officially.

I met this week with the P & C reps who are organising the fete this year. Already they are knee-deep in ensuring our fete is a fun, productive and inclusive event, with something for everyone. Watch out for details of the major raffle this year. It's the first time we've ever had a cruise package as a major raffle prize! P & C is currently organising tickets and promotional material. More details will come over the next few weeks.

Whilst we're talking about the fete...are you a family who owns a business that might be able to contribute to the fete in some way? Attached to this newsletter is a letter from the P&C giving a shout out to our business-owner families, as well as anyone who may be able to assist, big or small, to this event. If you think you might have a product or service you can offer the P & C, please speak up, because it will be greatly valued and appreciated.

Thank you for your support,

Mandy Crocker
Principal

PLAYGROUND

Families would be aware that recently we made some decisions around limiting different age groups to certain sections of the playground. The reasons behind this were mostly around safety to ensure smaller children were not being injured in bigger children's games, and to also allow the older children a space where they could play their games freely without the worry of running over the top of little ones. This has resulted in a much more harmonious playground, but we are also aware that smaller children are missing their soccer games etc. What we will now trial is a new K-2 area on the grass between the Stage 3 classrooms and the COLA. The expectation is that the students will enjoy those grass-based games, but we will still be able to maintain safe playing spaces for all. Thank you to families who have supported us in these measures as we attempt to ensure a positive playground experience for all.

CYBERBULLYING

Unfortunately, last week's cyberbullying seminars had to be postponed. These sessions have been rescheduled to Wednesday 4th April. In the meantime, if you would like to read more about how you can support your child to stay safe online, you can visit the Australian Government Institute of Family Studies by following this link: <https://aifs.gov.au/cfa/publications/online-safety>

TELL THEM FROM ME STUDENT SURVEYS

Last week the school sent home a letter to all families of students in Years 4-6. The information provided in the note was around student participation in the *Tell Them From Me* Surveys. The *Tell Them From Me* student survey provides us with insight into student engagement, wellbeing and effective teaching practices at their school, from the perspective of the children. The survey is confidential and can be used either as a one-off survey or over time to identify trends within schools and better inform school priorities.

We will be scheduling time for the students to complete those surveys next week. A reminder that the note only has to be returned if you DON'T WANT your child to participate.

REMINDERS

Remember, if you take your child home early from the carnival tomorrow, they will need to officially SIGNED OUT at the recorder's desk (so look for Mrs Frogley and Mrs McIntosh) before they leave.



**Just a reminder with the Mufti day that
will be held on Thursday 29th March,
“Going Green for FOGO”.**

**Students are asked to wear as much as
green as possible.**

SPORTS UPDATE

Crawford Wadley, Thomas Spackman & Carter Chobdzynski did North Wagga PS very proud at the Basketball trials in Albury last Thursday. Congratulations to Carter who was selected in the Riverina team to compete in Tamworth in May.

Also congratulations to the boys & girls who attended the Wagga District soccer trials last Friday. Five of our students made it into the PSSA District team: Matthew Galloway, Lachlan Moore and Lucas Brett in the boys, whilst Millie Chisholm and Amy Cowell made it in for the girls. Well done everyone!

SCHOLASTIC BOOK CLUB

PLEASE NOTE: All orders are to be paid online to Scholastic - please do not send your payment or paper order to school. When searching for the school name when ordering, please look for “Wagga North”

STUDENT BANKING

A reminder that Hume banking books need to be returned to us by Wednesday morning.

BULLYING

Last Friday was the National Day of Awareness Against Bullying and Violence (NDA) and NWPS participated in various classroom activities. The NDA encourages all Australian students to stand united against bullying and violence in the classroom, in schools and beyond. To raise awareness about bullying in schools and create behavioural change, it is imperative that the anti bullying message goes beyond local school activities.

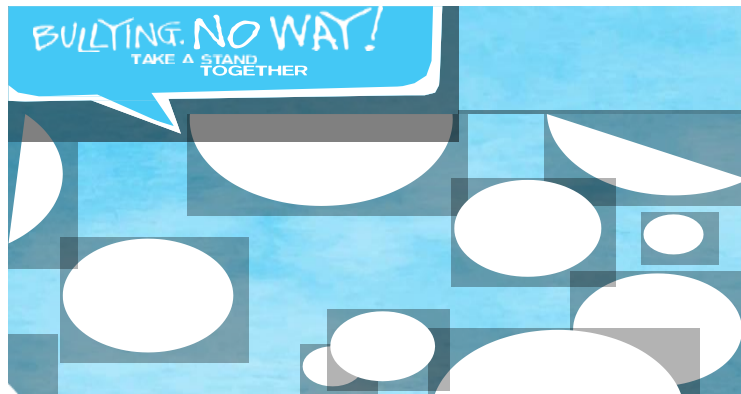
Schools across the nation were being called to get involved and *Imagine a world free from bullying* this year to mark the eighth NDA. Capturing and sharing ideas will ignite the national conversation and highlight the importance of working together to address bullying. The day brought about a unified message to take a stand together, and showcased the many anti-bullying activities happening in schools across the country.

The NDA is a positive day that provides a focus for schools to talk about the importance of taking a stand together and saying ‘Bullying. No Way!’ in their communities. More information can be found online at www.bullyingnoway.gov.au

National definition of bullying for schools

*Bullying is an **ongoing** misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).*

Online bullying refers to bullying through information and communication technologies, e.g. the internet or mobile devices



EASTER EGG HAT PARADE & RAFFLE

Once again for Easter the SRC team, Mrs Richardson and Ms Moore are very excited to host another Easter Raffle. We would be grateful if you could bring in some chocolate eggs of different sizes and shapes for prizes for the raffle. Any Easter baskets, in good condition, will be great for our prizes too.



The Easter eggs will need to be in by the 23rd of March. The tickets will cost 50c each or 3 for \$1 and are available in the morning before the bell and 1st half lunch.
The raffle will be drawn on Wednesday the 28th of March at our Easter Hat Parade, which will commence at 12.00pm.
Students from K-2 will participate in the parade. Students from 3-6 will attend, for the drawing of the raffle.

SUBJECT CONTRIBUTION AND VOLUNTARY PARENT CONTRIBUTION

Just a reminder that the payment for Subject Contributions is \$30 and the Voluntary Parent Contribution is \$48. It would be greatly appreciated if these were made by the end of Term 1.

Support North Wagga - send all of your Coles vouchers in!!!

Our collection box is on the steps near Mrs Crocker's office...see how many you can fill it up with

MAD FOOD SCIENCE

UNIFORM NEWS

3 Amazing Facts About Green Foods!



Greens are so important, I would even go as far and say, hide them in the foods if you have too!

1. HELPS FIGHT INFECTION

Greens contain Chlorophyll (green blood). Chlorophyll is closely aligned to human blood. It acts as a blood cleanser and detoxifier. Chlorophyll helps fight infection, helps with skin problems and is anti-inflammatory. Boost greens in the lunch box now to help fight off winter colds and flu.

2. KEEPS BONES AND TEETH STRONG

Greens, especially dark leafy greens (e.g. spinach, kale, broccoli), are packed with calcium and magnesium - both are important for bones and teeth strength.

3. GROWTH AND DEVELOPMENT

Green fruits and vegetables are packed with vitamins and minerals including potassium, magnesium, folate and more. These are important for growth and muscle development.

GREEN FRUITS & VEGETABLES TO INCLUDE

Apples, grapes, lime fruit, pears, cranberries, celery, cucumber, edamame, beans, baby spinach, zucchini, broccoli. Choose fruit and veg in season in Australia because it will be fresher.

FUN IDEAS THAT USE GREEN FOODS

- Choose 2 green fruits and 2 green vegetables your children like and inspire them.
- Mash some cranberries with a bit of lemon and add as a dip for crackers or vegetable sticks.
- Hide greens in meat meat balls, mini quiches, fritters and smoothies!



THIS MAD FOOD SCIENCE™ HEALTH TIP COPYRIGHT © BILL SMITH 2017. BILL SMITH - A REGULAR ON CHIT SURPRISE - IS A HEALTH COACH, A JAMIE OLIVER FOOD REVOLUTION AMBASSADOR, AND A MUM ON A MISSION TO TRANSFORM CHILDREN'S HEALTH IN AUSTRALIA.

FOR FREE WEEKLY RECIPES, LUNCH BOX INSPIRATION, AND A FREE EBOOK, SIGN UP VIA EMAIL AT THEFOODCAUSE.COM.AU



Uniform orders together with payment can be handed in to the school office and once a week (usually on Friday) the uniform co-ordinator will fill the orders and send them home with your child.

Please note that only cash/cheque can be accepted for school uniforms or P&C activities as this is run by the P&C, not the school. **Cheques are to made out to NWPS P&C.** Uniform orders may be sent in with your child or delivered personally by yourself.

North Wagga Public School P&C Uniform Price List

Gold polo long sleeve shirts- \$25	Green winter Jackets- \$40
Gold polo short sleeve - \$22	Girls grey bootleg pants- \$22
Sports track pants- \$25	Sports shirts- \$25
Boys grey pants- \$22	Sports shorts- \$15
Hats- \$5	V-neck Jumpers- \$25
Library satchel bags with logo- \$15	

Please note the Sports Shorts will increase to \$25 for Term 2
Uniform orders will now be filled on a Friday instead of a Thursday.

CANTEEN NEWS

CANTEEN ROSTER

Wednesday 21st March- Natasha Smart
Friday 23rd March-Carol Mulley, Dave West, **HELP NEEDED (12-2)**
Monday 26th March- Jenny Chobdzynski



NOTES ETC TO BE RETURNED

VOLUNTARY PARENT SCHOOL CONTRIBUTION - Payment would be appreciated by the end of Term 1

SUBJECT CONTRIBUTION - Payment would be appreciated by the end of Term 1

SYDNEY EXCURSION NOTE - Permission notes & \$50 deposit due by Friday 6th April

BOOK CLUB - Due back by Wednesday 21st March

STEWART HOUSE - Donation Drive envelopes due back Friday 6th April

TELL THEM FROM ME- OPT OUT FORM- Due back by 28th March

P&C FETE HELPER RETURN (included in this newsletter)- Due back ASAP

COMMUNITY NEWS

National Youth Busking Challenge- 24th March, 2018. Registration cut-off Wednesday 21st March. Register at wollundryrotary.org.au. All enquires to David Pyke 0429 694 697

Think U Know(TUK)-Cyber Safety & Cyber Security Forum- Tuesday 17th April, 9am-11.30am Commercial Club